

Grade 2

Lesson 1: Identifying a Safe Adult

PHE Curriculum

Big Idea: Adopting healthy personal practices and safety strategies protects ourselves and others.

Social and Community Health Competency:

Identify and describe characteristics of positive relationships.

Learning Intentions:

I can identify the qualities of a safe adult.
I can name 1 or more safe adults in my life.

Activate: Story: The Invisible String

Who was their safe adult? How did they feel with her?

Acquire:

1. Pair and Share

If you were in a thunderstorm, who is an adult you would want to be with?

2. Sticky Note Fun: Write response on a sticky note and stick it up on the chart:

What are examples of safe adults at home and in our community?
(People we go to with problems, when we feel mixed-up, scared, sad):

- mother, father, caregiver
- teacher
- police officer

3. Group Brainstorm on Chart:

What makes you feel safe around these people?

- someone we trust
- someone who helps us
- someone who protects us

Apply:

Safe Box Activity Sheet: Name and draw your safe adults.

Exit Ticket:

What is one thing that you learned today?

Today I learned _____.

Preparation:

Chart paper & markers

Safe Box Activity Sheets (1 per student)

Sticky Notes

Exit Tickets (1 per student)